



SRI RAMACHANDRA
— FACULTY OF OCCUPATIONAL THERAPY —



OT ODYSSEY



NEWSLETTER SRIHER (DU)

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EDITORIAL INSIGHT

Dear Readers,

We are delighted to welcome you to another edition of *OT Odyssey*. It is our pleasure to present the dedicated efforts and passionate contributions of the Sri Ramachandra Faculty of Occupational Therapy, SRIHER (Deemed to be University). As we proudly mark our eighth year of excellence, this journey has been made possible through the constant encouragement and unwavering support



of the management of Sri Ramachandra. This newsletter captures a glimpse of our significant milestones, noteworthy events, academic achievements, and innovative research initiatives.

It also celebrates the artistic and creative expressions of our students, offering a visual and intellectual treat to our readers. Together, these pages stand as a testament to the enriching experiences and accomplishments of our students and faculty.

We sincerely thank you for being an integral part of our journey and continued growth. We hope this edition offers you both insight and inspiration.

Warm regards,

Prof. Raghuram P

Editor-in-Chief

Head, Sri Ramachandra Faculty of Occupational Therapy, SRIHER (DU)

EC Member & Coordinator – State Branches, AIOTA

President/Convenor – TNAIOTA

Member – Ergonomic Certification Committee, AIOTA

EDITORIAL ADVISOR

Warm Greetings to Our Readers,

It is an honour to contribute to this edition of the newsletter, which serves as a meaningful reflection of the academic vitality and professional ethos of the Sri Ramachandra Faculty of Occupational Therapy, SRIHER (Deemed to be University). This compilation not only documents events and achievements but also mirrors the collective commitment of our faculty and students toward excellence in education, clinical practice, and research. Occupational Therapy is a dynamic and evolving profession, rooted in compassion, evidence-based practice, and a deep



understanding of human participation across the lifespan. It is heartening to witness our students actively engaging in learning, innovation, and creative expression, while our faculty continue to guide them with dedication, mentorship, and scholarly rigor. The research initiatives and academic endeavors highlighted in this issue reflect our institution's pursuit of knowledge that is both clinically relevant and socially responsive.

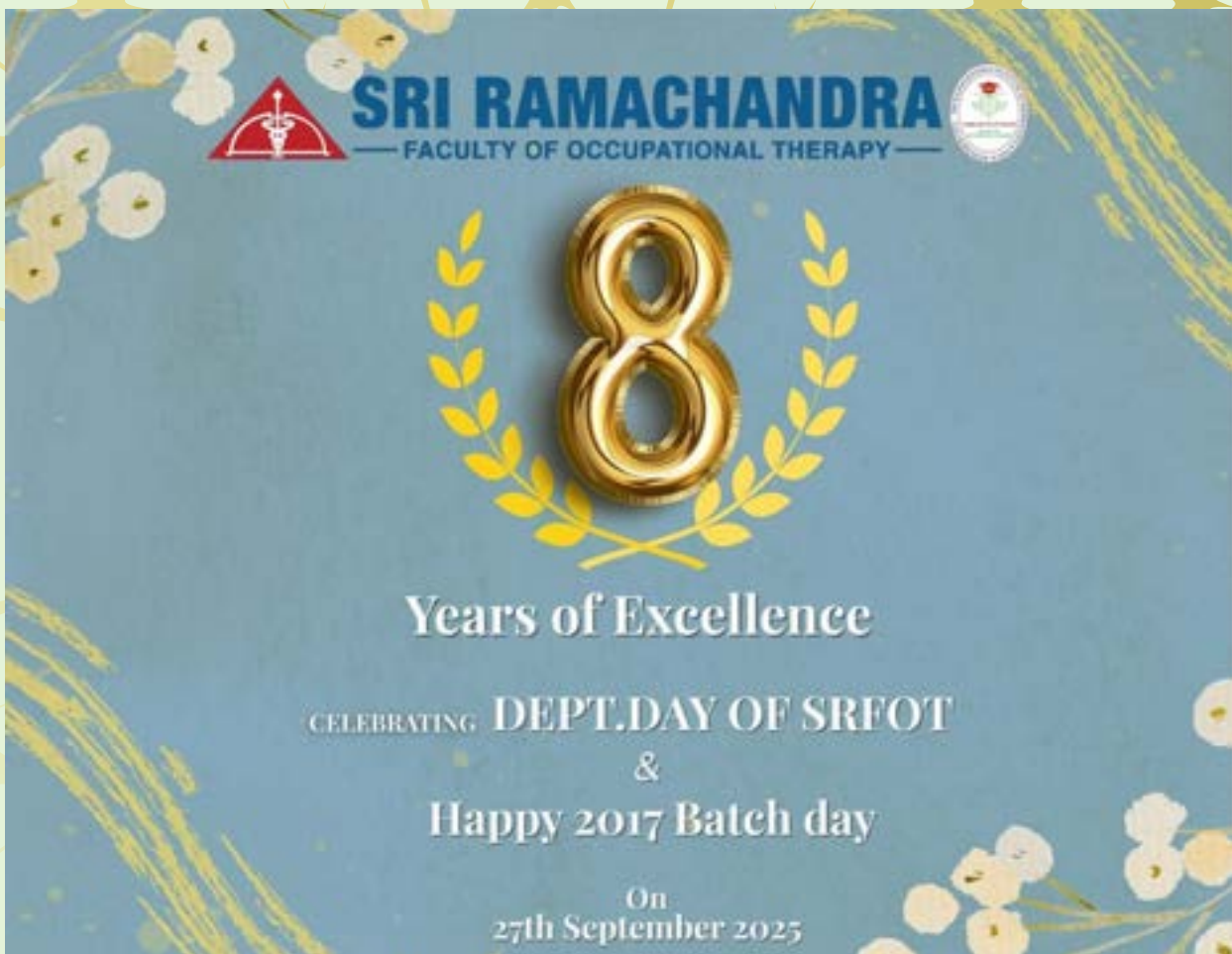
This newsletter also stands as a testament to teamwork—where academic leadership, faculty guidance, and student enthusiasm come together to create an environment that nurtures professional growth and lifelong learning. As we move forward, I encourage our students to remain curious, reflective, and resilient, and our faculty to continue inspiring through teaching, research, and service.

I extend my appreciation to everyone who has contributed to this edition and hope that readers find both insight and inspiration in these pages as we collectively continue our journey toward excellence in Occupational Therapy.

**Warm Regards,
Dr. Loganathan. S (OT)
Editorial Advisor,
SRFOT, SRIHER (DU).**

PROUD BENCHMARKS

EIGHT YEARS OF EXCELLENCE



Sri Ramachandra Faculty of Occupational Therapy (SRFOT) proudly celebrated eight years of excellence on **27th September 2025**, marking a significant milestone of growth and achievement.

PROUD BENCHMARKS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025

SRFOTCON'25 Pre conference Workshop - 17th DECEMBER 2025



SRFOT organized a pre-conference workshop prior to SRFOTCON 2025 – International Conference on **17th December 2025** at the Dental Basement Auditorium, SRIHER (DU).

Dr. Shrikant J. Chinchalkar, OTR, CHT, Senior Hand Therapist, St. Joseph's Health Centre, London, Ontario, Canada, and Brigida Van Nynanten, Practice Development Occupational Therapist, Whipps Cross Hospital, Barts Health NHS Trust, London, UK, were the guest speakers. They delivered lectures on Hands-on Static & Dynamic Splinting and **Hands-on Occupational Therapy Assessment & Intervention in Acute Care**, respectively. A total of 150 students from various colleges participated in the workshop.

PROUD BENCHMARKS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025 PRE-CONFERENCE WORKSHOP GLIMPSES

The guest speakers lighting the Kuthu Vilakku during the inauguration ceremony of the pre-conference workshop.



Dr. Mahesh Vakamudi, Pro Vice-Chancellor, SRIHER (DU), felicitated our guest speaker Dr. Shrikant J. Chinchalkar as part of the proceedings.

Dr. Sudagar Singh R B, Medical Director, SRMC felicitated our guest speaker **Dr. Brigida Van Nynanten**, as part of the proceedings.



PROUD BENCHMARKS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025

HANDS ON STATIC & DYNAMIC SPLINTING – PRACTICAL SESSION



As part of the pre-conference workshop, students practically demonstrated hand splinting techniques, showcasing their clinical competence and precision in therapeutic application. The session provided valuable hands-on experience, reinforcing theoretical concepts and enhancing skills in patient-centered interventions. The demonstration reflected the students' dedication to learning and commitment to professional excellence. The interactive format encouraged critical thinking and active participation among students.

The workshop also facilitated active peer learning and collaborative discussion, enabling students to critically analyze splint design principles, material selection, and biomechanical considerations. Under expert supervision, participants refined their fabrication techniques, ensuring optimal fit, comfort, and functional alignment tailored to individual patient needs.





YOUTH IN ACTION

NSS ACTIVITY



The National Service Scheme (NSS) units of the Bachelor of Occupational Therapy program actively participated in various community service and environmental activities during the academic year 2025, promoting social responsibility and sustainability.

On **11th July 2025**, students from II yr. BOT (2024 Batch) of NSS Unit II and VI participated in an Eco Park visit organized in collaboration with **Exnora International Foundation**. This was followed by an **Eco Park cleaning programme** at Kadambur Biodiversity Park on **19th July 2025**, involving students from NSS Units V and VI.

A **Lake Cleaning Drive** was conducted at Korattur on **12th August 2025**, with active participation from students of NSS Units V and VI. On **26th August 2025**, Ms. Vaishnavi, I yr BOT represented the college at the **NSS Yoga Event** held at Perambur Girls High School.

Further activities included an Eco Park field visit and **cleaning drive** at Government Boys High School, Mogappair East on **11th September 2025**, a Lake Cleaning Program at Perungalathur on **17th September 2025**, and a **Cleaning Drive** at Nemam, Poonamallee on **30th September 2025**.

Students also participated in a Multi-Speciality Medical Camp at Virugambakkam on **9th October 2025** and a **Tree Plantation Program** at the SRIHER Campus on **5th November 2025**.

VIBRANCE VAULT OF SRFOT

BOT 2025 BATCH- INDUCTION PROGRAM



SRFOT hosted its 9th Undergraduate Induction Programme on **7th July 2025**, welcoming 52 students from 2025 batch into the SRFOT family and formally inaugurating their academic journey.

WELCOME DRACARYS (I yr. MOT - 2025 Batch)



SRFOT warmly welcomed 21 enthusiastic students of the 2025 batch into the SRFOT family on **6th August 2025**, marking the commencement of their academic journey.

VIBRANCE VAULT OF SRFOT

ONAM CELEBRATION



SRFOT students enthusiastically took part in the Onam Celebrations 2025 held on **2nd September 2025**, celebrating tradition, culture, and togetherness.

TEACHER'S DAY CELEBRATION

SRFOT commemorated Teachers' Day on **16th September** at the Dental Auditorium, honouring our senior faculty member, Dr. Loganathan S (OT), for his continuous professional contributions and dedicated service to the institution.



AYUDHA POOJA



SRFOT celebrated Ayudha and Saraswati Pooja on **30th September**, invoking blessings for knowledge and progress.

VIBRANCE VAULT OF SRFOT

WORLD OCCUPATIONAL THERAPY DAY



SRFOT celebrated World Occupational Therapy Day on **27th October 2025** with a vibrant event recognizing student excellence across academics, clinical practice, research, and co-curricular domains. The celebration featured awards and engaging activities that highlighted the diverse talents of our students.

Dr. Balaji Singh, Dean, SRMC & RI felicitated students for their consistent and outstanding performance in the following categories:

- Best Clinical Performer
- Best Academic Performer
- Good Handwriting Skills
- Highest Contribution to Bridges
- Young Researcher Award
- Best in Extra-Curricular Activities
- Best in Co-Curricular Activities
- Appreciation Award for Discipline and Punctuality
- Best in Sports – Male
- Best in Sports – Female
- Best NCC Contributor
- Best NSS Contributor
- Best Research Award - Undergraduate



VIBRANCE VAULT OF SRFOT

INTERNATIONAL MEN'S DAY CELEBRATION



SRFOT celebrated International Men's Day on **24th November 2025** with joy and camaraderie, where all the Male faculty members and student community were presented with thoughtful tokens of appreciation by the women. The gesture was a heartfelt expression of gratitude and respect, highlighting the spirit of friendship, teamwork, and mutual admiration that thrives within our campus. The event was filled with smiles, laughter, and cheerful moments, making it a memorable celebration for everyone involved.



AWARENESS AVENUE

SCREENING CAMP FOR WORLD BRAIN DAY



SRFOT organised a Brain Health Screening & Awareness on **22nd July 2025** in observance of World Brain Day on the theme “Brain Health for All Ages”. The screening camp featured Neuroplasticity Tips, Brain Boosting Games, and a Day in the Life with Neurological Disorders. Around 150 participants actively engaged in the activities.

CHILDHOOD CANCER AWARENESS WEEK



BOT Students participated in Childhood Cancer Awareness Week Competitions (**8th to 12th September 2025**), promoting early intervention and multidisciplinary care and won prizes.

AWARENESS AVENUE



SRFOT organized the following Programs for Breast Cancer Awareness Month on **31st October 2025**.

1. Breast cancer awareness rally
2. Continuing Occupational Therapy Education (COTE) session
3. Breast cancer awareness Badge distribution
4. Organized Competitions
 - Quiz competition
 - E-poster presentation
 - T - shirt painting
5. Breast cancer BROCHURE RELEASE

FLASHMOB



SRFOT conducted an awareness Flashmob Event at the Wetland Park, Porur on the occasion of World Occupational Therapy Month, in collaboration with the Tamil Nadu All India Occupational Therapists' Association on **15th November 2025**. Around 250 students participated.

AWARENESS AVENUE

WORLD OCCUPATIONAL THERAPY DAY AND MONTH

AWARENESS MARATHON



SRFOT in collaboration with Tamil Nadu branch of All India Occupational Therapists' Association (TNAIOTA), proudly organized the OT Awareness Marathon 2025 on **9th November 2025**. This event was held as part of the celebrations for World Occupational Therapy Day and Month, aiming to raise awareness about the vital role of Occupational Therapy in promoting health, independence, and quality of life. The event was further elevated by the presence of distinguished leadership from SRIHER (DU), who lent their support to the cause. Dr. Leena Dennis Joseph, Dean of Students, and Dr. Selvam Jesiah, Principal of the Faculty of Management Science, served as the Chief Guests, Dr. Pushparani, Deputy Director of Physical Education, graced the occasion as the Guest of Honour. Around 300 students and faculty members were participated.



SOCIAL HARMONY

INTERVENTION CAMP FOR WOLRD MENTAL HEALTH DAY



SRFOT organized an Awareness and Intervention camp at **Sri Poorna Mahameru Trust - Home** on **10th October 2025** for Destitute Older People in observance of World Mental Health Day.

FREE MONTHLY SCREENING CAMP ON ELDERLY CARE

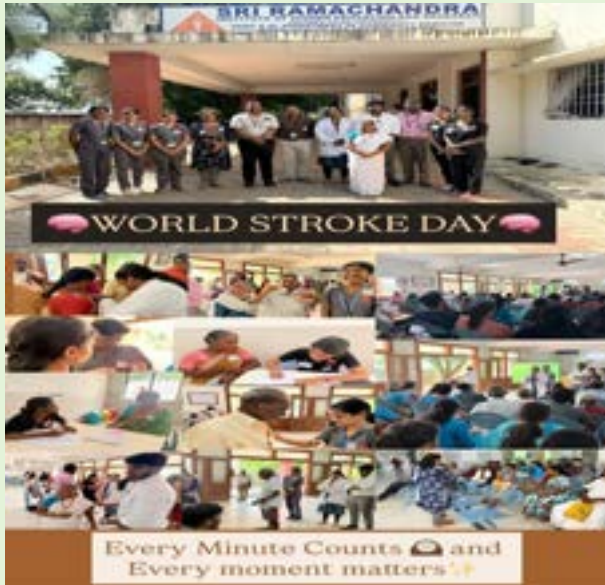
SRFOT Organized a Free Elderly care monthly screening Camp on **25th October 2025** at Sri Ramachandra Hospital.



AWARENESS PROGRAM FOR WORLD STROKE DAY

SRFOT conducted an awareness program on **29th October 2025** among the public and medical professionals by educating them through infographic chart work and interactive activities about stroke, BE FAST symptoms, Occupational Therapy roles and interventions for stroke at Sri Ramachandra Hospital.

SOCIAL HARMONY



SCREENING CAMP FOR WORLD STROKE DAY

SRFOT organized a screening camp and awareness program on **31st October 2025** at Sri Ramachandra Rural Health and Training Centre, Vayalanallur, in observance of world stroke day.

SCREENING CAMP AT ISMAT

SRFOT in collaboration with ISMAT (**Industrial Spares Manufacturing & Trading Company**) organized a free onsite Industrial Awareness and Screening Camp on **11th November, 2025** at ISMAT INDUSTRIES, Perungudi Industrial Estate to commemorate World Occupational Therapy month. Around 100 employees benefitted.



SCREENING CAMP FOR CHILDREN'S DAY



SRFOT in Collaboration with Tamil Nadu All India Occupational Therapists' Association (TNAIOTA) organized a free screening camp for the children to commemorate World Occupational Therapy Day and Children's Day at **Little Ville preschool, Valasaravakkam** on **15th November, 2025**. Around 50 Children benefitted.

SOCIAL HARMONY

NATIONAL NEWBORN WEEK



SRFOT collaborated with the Department of Neonatology, SRIHER, in commemorating National Newborn Week (15th – 21st November). On 15th November, III yr. BOT students (2023 Batch) actively participated in an awareness walk, holding slogans and interacting with the public to promote newborn health awareness. On 20th November, SRFOT organized group therapy sessions and a screening camp in the Neonatology OPD and Postnatal Ward, emphasizing OT in early intervention and neonatal care.



CAMPUS CHRONICLES



Ms. Vaishnavi, I yr. BOT, represented our institution at the University-Level Yoga Competition held at YMCA College of Physical Education on **23rd July 2025**.



On **13th August 2025**, Ms. Anisha, II yr BOT student, got selected as one of the office bearers in SRIHER Rotaract Club.

As a part of Anti-Ragging Week, SRFOT conducted a programme on **14th August 2025**, with enthusiastic participation of UG students promoting awareness and fostering a culture of mutual respect and inclusivity.

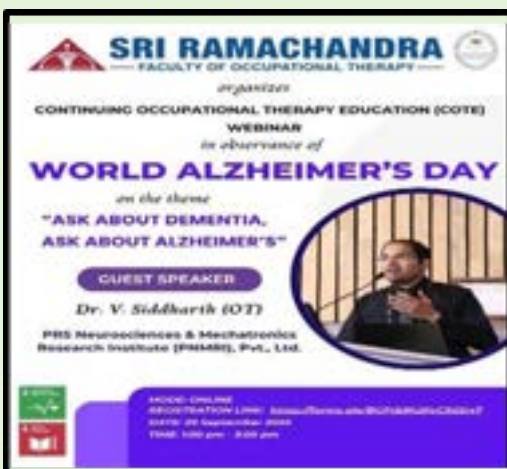




ACADEMIC ARC



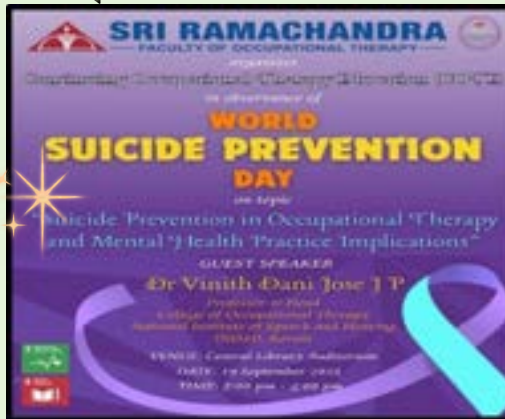
SRFOT organised a Continuing Occupational Therapy Education (COTE) to commemorate International Self-care Day on the theme 'The importance of self-care as a foundation for health and well-being' on **24th July 2025**. The guest speaker was Mr. Buvanesh, Director of creating links, Bangalore. Around 210 students and faculty members participated.



In observance of World Alzheimer's Day, a Continuing Occupational Therapy Education webinar was conducted on **29th September 2025** on the theme "Ask about Dementia, Ask about Alzheimer's," by Dr. V. Siddharth (OT), PRS Neurosciences & Mechatronics Research Institute (PNMRI) Pvt. Ltd.



ACADEMIC ARC



SRFOT organised Continuing Occupational Therapy Education (COTE) on the theme 'Suicide Prevention in OT and Mental Health: Practice Implications'. The session emphasized the role of Occupational Therapy in promoting mental health awareness and suicide prevention. 120 students participated.



SRFOT organized a Continuing Occupational Therapy Education (COTE) on the topic "Every Story is Unique, Every Journey Matters" by Dr. Sivakumari. S, Surgical Oncologist, Stanley Medical College, Chennai on **7th October 2025**. Around 210 students participated.

SRFOT organised a Guest Lecture on the topic 'Occupational Therapy through the lens of Developmental Pediatrician' by Dr. Udayakumar N, Professor, Dept. of Pediatrics, SRIHER (DU) on 6th October 2025, followed by an E- poster presentation by the postgraduate students. Were 250 students participated.

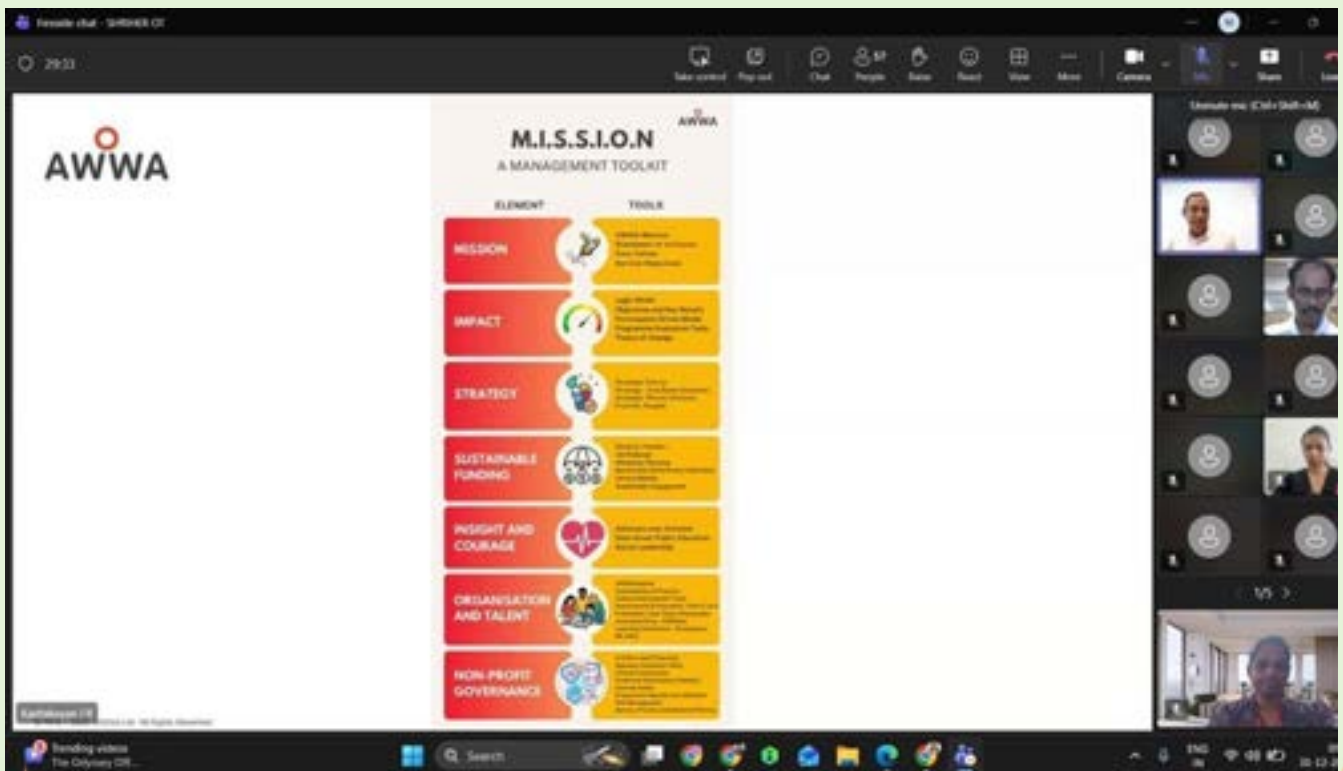




ACADEMIC ARC



SRFOT Organizes Continuing Occupational Therapy Education Webinar on 31st December 2025 by **J R Karthikeyan, Chief Executive Officer, AWWA, Singapore**. An Exclusive chat with our International Expert on transforming OT practices, leadership and innovation . Around 60 Interns & Postgraduate students participated.



Insightful discussions on emerging trends in OT, service delivery models, and professional growth strategies. Emphasis on leadership development and adapting to evolving healthcare systems



STUDENTS LAURELS



1. CMC INTER MEDICAL COLLEGE TOURNAMENT

On **2nd July, 2025**, Mahathi Nachiyar, III yr. BOT , secured second place in the Long jump and third place in the 400 metres at the CMC Inter-Medical College Tournament – Athletics Meet (Subcategory) held at Vellore.

2. FOUNDER-CHANCELLOR MERIT CUM MEANS SCHOLARSHIP

On **11th July, 2025**, SRFOT students were honoured with Founder-Chancellor Merit cum Means Scholarship (50% of the tuition fee). The following students have received merit cum means scholarship

1. Mr. Bowas, BOT Intern
2. Ms. Pooja, BOT Intern
3. Ms. Maria Jacob, IV yr. BOT
4. Ms. Devi Krishna, III yr. BOT
5. Ms. Shamithaa, III yr. BOT
6. Ms. Kanagavalli, IV yr. BOT
7. Mr. Edison Joshua, III yr. BOT



3. ACADEMIC ACHIEVEMENT

The III year B.OT students achieved an outstanding milestone by securing a 100% results in the University Examination held in **June 2025**.

STUDENTS LAURELS



The 2023 batch of Hand and Musculoskeletal postgraduate students generously donated a copy of 'Carolyn Kisner's Therapeutic Exercise: Foundations and Techniques' to the department library



In an effort to expand their clinical expertise, our students attended Augmentative and Alternative Communication (AAC) Sensitisation Programmes held on **29th October and 6th November, 2025** organised by SRFASLP, SRIHER (DU). These sessions were designed to sensitise multidisciplinary medical and healthcare professionals to the vital role of AAC.

FACULTY LAURELS



On **17th July, 2025**, Assistant Professors Dr. Darsana G (OT) and Dr. Yashwanth S.P (OT) participated in the second phase of the **Faculty Development Programme (FDP)**.

On **29th and 30th July, 2025**, Assistant Professors Dr. Mithra M (OT) and Dr. Mona E (OT) participated in the '**We C.A.R.E' Workshop**. This program focused on the core pillars of clinical excellence: Communication, Attentiveness, Respect, and Empathy.

On **17th and 18th July, 2025**, Assistant Professors Dr. Mona E (OT) and Dr. Jenisha J (OT) participated in a specialized workshop on **Scientific Writing** organized by the Centre of Professional Development.

On **12th September 2025** Orientation was given by '**Rewin Health**' on the topic Virtual Reality for Autism and ADHD children.

On **24th, 25th & 26th** Assistant Professor Dr. Mithra (OT) attended National workshop on **Systematic review and meta-analysis**.

From **24th to 26th November, 2025**, Assistant Professors Dr. Akshara T S (OT) and Dr. Deepika P (OT) participated in a three-day Basic Course Workshop on **Educational Technology**.

STUDENTS LAURELS

WORLD BREASTFEEDING WEEK COMPETITIONS



On 5th August 2025 SRFOT students participated in world breastfeeding week competitions. The following students showed their skills and got placed in first -third positions.

1. Ms. Jedidiah, Ms. Devika, Ms. Janani. II yr BOT (First place in reels competition)
2. Ms. Padma Shiney. IV yr BOT (Second place in Poetry competition)
3. Ms. Shainita Kalyan, II yr BOT (Third place in Tamil Oratorical competition)
4. Ms. Hatrya, Ms. Srinidhi, IV yr BOT (Third place in E-poster competition)



FOUNDER-CHANCELLOR CASH AWARD

On 20th September, 2025 Ms. Shamitha, III yr. BOT and Ms. Aishwarya, II yr. BOT received Founder-chancellor cash award for outstanding performance in BOT 1st year.

DEBATE COMPETITION



In celebration of the Bridges 17th Anniversary, seven of our students showcased their oratory skills in the Debate Category. We are thrilled to announce that Ms. Kamala, BOT Intern secured the 1st Prize, in Debate competition.

STUDENTS LAURELS



E-POSTER COMPETITION ON WORLD CEREBRAL PALSY DAY

SRFOT organises E-poster competition on occasion of world cerebral palsy day on **7th October , 2025.**

FIRST PRIZE: Mr. Tamil, II yr MOT (Pediatrics)

SECOND PRIZE: Ms. Janani and Mr. Gokula Krishnan N, I yr MOT (Pediatrics)



NATIONAL NEW BORN WEEK AWARENESS PROGRAM-2025

Sri Ramachandra Faculty of Occupational Therapy collaborated with the Department of Neonatology, SRIHER in observance of National Newborn Week (**15th – 21st November**)

Organized Competitions:

- Short Film Contest
- E-Poster Presentation
- Slogan Competition
- Reels Competition



E-POSTER PRESENTATION WINNERS

1st place – Ms. Dhanya Sivakumar, III yr. BOT

2nd place: Ms. Amal Mubarak, IV yr. BOT

3rd place: Ms. Blessy Jones, Ms. Blessy Mary and Ms. Harita, III yr. BOT

REELS WINNERS - 2nd place from II yr. BOT

1. Jedidiah Thomas
2. Manish Kumar
3. Awin
4. Shinu ebinesh
5. Dhanasekar
6. Ebenezer jophiel

STUDENTS LAURELS

SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH (DU)

40th CONVOCATION - 16th October 2025



Smt. Thangam Vasudevan & Mr. P. V. Vasudevan Gold Medal in Bachelor of Occupational Therapy, JANAPRIYA D - 2020 BATCH

Founder Chancellor Shri. N.P.V.Ramasamy Udayar Gold Medal Awardee:

- 1.MOT (PAEDIATRICS) – UVANTHIKA E
- 2.MOT (NEUROLOGY) – KIRUTHIKA K
- 3.M.O.T (MENTAL HEALTH) – ANBAZHAGAN R



LEGACY LINKS



SRFOT organized an interactive **Alumni program** for first year BOT Students on the topic of “UK PERSPECTIVES OF OCCUPATIONAL THERAPY” with our esteemed Alumni speaker Dr. Tabitha (OT), BOT (2018 Batch) On **1st July 2025**, who shared her valuable insights and experiences from practicing in the UK.



The Batch of 2020 has generously contributed a state-of-the-art 3D printer to the Hand and Musculoskeletal Unit, enhancing both clinical care and academic learning. This advanced technology enables the creation of customized splints, orthoses, and assistive devices tailored to individual patient needs. The 3D printer also supports innovative treatment planning and patient-specific model development. Additionally, it provides valuable hands-on learning and research opportunities for students and professionals.

LEGACY LINKS



Dr. Suganthi R (OT)

Senior Occupational Therapist, ACS Medical College and Hospital, Chennai

My journey at the Sri Ramachandra Faculty of Occupational Therapy has been truly transformative. The institution provided a strong academic and clinical foundation, nurturing my passion for learning and shaping me into a confident and compassionate therapist. The supportive faculty, hands-on training, and collaborative environment encouraged innovative thinking beyond textbooks.

During my studies, I developed a keen interest in Pediatric Occupational Therapy, leading me to design a Low-Cost Robotic Creeper device to facilitate creeping skills in infants with developmental delays as part of my postgraduate research.

The guidance, resources, and encouragement from SRFOT were instrumental in bringing this project to fruition, and witnessing its positive impact on children's motor development remains a proud milestone.

I carry forward the knowledge, values, and inspiration gained with deep gratitude and remain dedicated to contributing meaningfully to the field of Occupational Therapy.

Dr. Rajesh KR (OT)

Founder, Felis Child Development and Rehabilitation Center, Bangalore

My undergraduate journey at the Sri Ramachandra Faculty of Occupational Therapy was a defining phase in shaping my professional identity. The institution offered a strong academic framework, rich clinical exposure, and a supportive learning environment that nurtured my confidence and competence as an Occupational Therapist. The guidance of dedicated faculty and the emphasis on holistic, evidence-based practice inspired me to pursue excellence in pediatric rehabilitation.

The opportunities for hands-on training, interdisciplinary learning, and early clinical engagement helped me develop strong clinical reasoning and problem-solving skills. These experiences played a crucial role in my decision to establish the Felis Child Development and Rehabilitation Center, where I strive to provide comprehensive and child-centered therapeutic services.

I carry forward the knowledge, values, and inspiration gained at SRFOT with deep gratitude and remain committed to advancing the field of Occupational Therapy through dedicated service and innovation.

LEGACY LINKS



Dr. Sweatha I, (OT) MOT (Pediatrics) 2023 - 2025

Assistant Professor, Sree Abirami College of Occupational Therapy, Coimbatore

My journey with the Faculty of Occupational Therapy, Sri Ramachandra Institute of Higher Education and Research, has been one of profound learning, growth, and self-discovery. The institution provided a nurturing academic and clinical environment that emphasized compassion, professional ethics, and excellence in Occupational Therapy practice.

My training in Paediatric Occupational Therapy was especially enriching, offering a strong integration of theoretical knowledge with extensive hands-on clinical exposure. Under the guidance of dedicated faculty members, I gained valuable insights into child-centered care and the importance of holistic intervention.

Currently serving as an Assistant Professor at Sree Abirami College of Occupational Therapy, I strive to reflect and impart the principles, discipline, and empathy instilled in me during my time at SRFOT. I remain deeply grateful to my faculty members for their guidance and mentorship, and to my batchmates for their constant support, shared learning, and camaraderie, all of which greatly enriched my academic journey. I take immense pride in being an alumna of this esteemed institution.



Dr. Lokesh Kumar M N (OT) MOT (Hand & MSK Rehab) 2023 - 2025

Assistant Professor, Sree Abirami College of Occupational Therapy, Coimbatore

My association with the Faculty of Occupational Therapy, Sri Ramachandra Institute of Higher Education and Research, has been a defining phase in my academic and professional journey. The institution offered a well-structured curriculum supported by a strong emphasis on clinical excellence, discipline, and evidence-based practice.

Specialized training in Hand and Musculoskeletal Rehabilitation provided me with comprehensive clinical exposure and opportunities to develop precision, analytical thinking, and patient-centered rehabilitation skills. The consistent guidance and mentorship from experienced faculty members greatly enhanced my understanding of functional restoration and therapeutic outcomes.

At present, as an Assistant Professor at Sree Abirami College of Occupational Therapy, I continue to apply and share the knowledge, values, and professional ethics acquired during my training at SRFOT. I express my sincere gratitude to my faculty members for their guidance and mentorship, and to my batchmates for their support, collaboration, and shared learning experiences, all of which contributed significantly to my professional development. I am proud to be an alumnus of this distinguished institution.

LEGACY LINKS



Dr. Benjamin Theophilus A, (OT) BOT 2020-2025
Occupational Therapist, PMR Department, CMC
Vellore.

My academic journey at SRIHER was marked by a well-structured, evidence-based curriculum that aligned with global standards. The comprehensive learning environment combined theoretical knowledge with hands-on clinical training, interdisciplinary collaboration, and opportunities to participate in research. These experiences have equipped me with strong clinical skills, critical thinking abilities, and excellence in therapeutic practice.

Beyond academics, I actively participated in extracurricular activities that contributed significantly to my holistic development. Engaging in cultural events and volunteering for community outreach programmes honed my leadership, teamwork, and time management skills.

Looking back, the combination of strong academic grounding, active involvement in extracurricular activities, and exceptional faculty guidance has transformed me into a confident and compassionate Occupational Therapist. I'm ready to contribute meaningfully to the field.



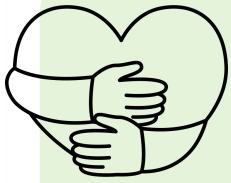
Dr. Sheryl Scarlet, (OT) BOT 2020 - 2025
Occupational Therapist, PMR Department, CMC
Vellore.

My undergraduate journey in Occupational Therapy was truly enriching and laid a strong foundation for both my professional and personal growth. The supportive academic environment, dedicated faculty, and early clinical exposure helped shape my understanding of patient-centred care and clinical practice.

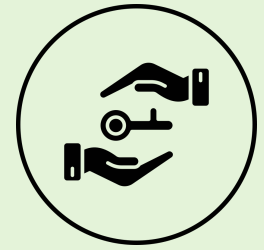
I am currently working as an Occupational Therapist in the PMR Department at CMC Vellore, and I deeply appreciate how my undergraduate training prepared me for real-world clinical responsibilities.

The structured curriculum and hands-on experiences made the transition from student to professional smoother and more confident. I am grateful to my Faculties for their guidance, support and encouragement.

I will always cherish my undergraduate journey and remain thankful to my alma mater for nurturing my passion for Occupational Therapy and guiding my professional path.



CLINICAL ACTIVITIES



PAEDIATRIC WARD

ONCOLOGY WARD





RESEARCH CORNER



At SRFOT, PGMC Applied-7 projects were undertaken, 32 undergraduate students submitted research proposals to the IEC, and 9 postgraduate students received IEC approval for their research—reflecting a strong commitment to academic excellence, ethical research practice, and scholarly growth.



WEB OF SCIENCE



Scopus



At SRFOT, innovation thrives as 2 undergraduate and 2 postgraduate Occupational Therapy students have applied for patents. Their inventive contributions reflect a growing culture of research, creativity, and forward-thinking, proudly representing the institute's commitment to advancing Occupational Therapy practice.



Dr. Taarunika.J(OT) - Tremor Device - To control tremor and to improve ADL

Dr. Dave Robert James (OT) - Integrated Wearable device - To measure ROM, Grip strength, vitals.



Ms. Pooja - Customizable smart multisensory vest for children with Autism spectrum disorder
Mr. Praveen - Modified Smart Posture Belt for Individuals with Low Back Pain.

LEARNING BEYOND BORDERS



Ms. Amaal Yaqoob Ghubaish Al Siyab, Occupational Therapy Student from the University of Nizwa, Oman attended 1 month Clinical Observership Program at our institution from 21st July to 16th August 2025. During her one-month clinical posting, she actively engaged in diverse therapy settings and hands-on learning experiences. The program provided valuable exposure to varied clinical practices, assessment methods, and intervention approaches.

She demonstrated enthusiasm, professionalism, and a keen interest in expanding their clinical knowledge. Through interactive sessions with faculty and therapists, they gained deeper insights into patient-centered care. The exchange fostered cross-cultural learning and professional collaboration.



It also strengthened academic and clinical ties between both institutions. The students returned enriched with practical skills, confidence, and broader perspectives. This exchange marks a meaningful step toward global learning in Occupational Therapy. We look forward to continued collaboration in the future.

SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025

SRFOTCON 2025 – Day 1: Inauguration, 18th December 2025

SRFOTCON 2025, IGNITE'25, and Sparkz'25 were inaugurated by Chief Guest **Dr. B. S. Desikamani, Secretary – Tamil Nadu State Allied and Healthcare Professions Council**, in the august presence of Dr. Uma Sekar, Vice Chancellor; Dr. Mahesh Vakamudi, Pro Vice-Chancellor; Dr. Senthil Kumar S, Registrar; Dr. Balaji Singh, Dean, SRMC & RI; Prof. Raghuram P, Organizing Chairperson – SRFOTCON 2025; and Dr. Loganathan S (OT), Organizing Secretary – SRFOTCON 2025. A total of 1,000 participants, including international and student delegates from various countries and colleges, took part in the event.



SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025

SRFOT released the Souvenir and E-Souvenir during the conference.



The theme, **“Occupational Therapy in Action,”** emphasizes the active, evidence-based, and practice-oriented role of Occupational Therapy in enhancing health, participation, and quality of life. This souvenir captures the spirit of the theme through scholarly contributions, including messages from international and national Occupational Therapy leaders, insights from distinguished guest speakers, and scientific papers presented at the conference. The presence of SRIHER officials and esteemed dignitaries reflects strong professional leadership and a shared commitment to advancing Occupational Therapy practice, education, and standards in India.

SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025

SRFOTCON 2025 – Day 2: Scientific Events, 19th December 2025

A total of 21 research papers were presented, including 10 online and 11 offline presentations. The e-poster sessions saw active participation, with 5 online student e-posters, 33 offline student e-posters, and 14 scientific e-poster presentations. The conference also showcased nine presentations on Innovation in Occupational Therapy, highlighting creative ideas and emerging practices.



Prof. Raghuram P, Head, SRFOT and student coordinators of the Scientific Event with the judges during a commemorative photograph.



Prof. Raghuram P, Head, SRFOT, and Author, along with Co-authors Dr. Jose Mary Sangeetha (OT), and Dr. Loganathan S (OT), formally felicitated the special guest by presenting a book authored and published by them.

SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025

SRFOTCON 2025 – Day 2: IGNITE (Sports), 19th December 2025

On Day 2 of the Conference, the SRFOT have organised IGNITE (Sports) both Indoor and Outdoor events with 400 students from various colleges actively participated.

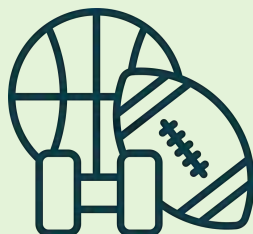
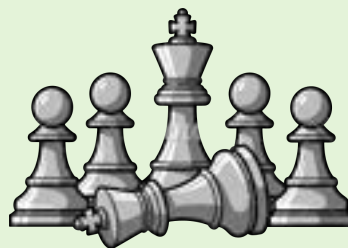
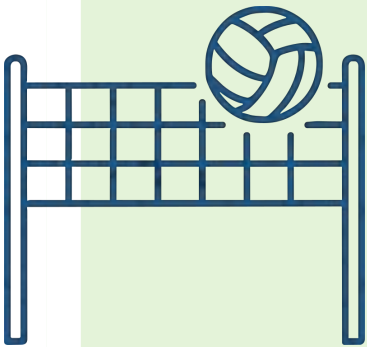
Outdoor Sports

1. Super Six Cricket
2. Futsal
3. Basket Ball
4. Kabaddi
5. Track and field Events
6. Volleyball
7. Throwball



Indoor Sports

1. Chess
2. Carrom



SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025



SRFOT Women's and Men's Basketball Teams with Faculty Coordinators – Celebrating unity, perseverance, and sporting excellence.

The SRFOT Women's and Men's Basketball Teams showcased remarkable energy, discipline, and exemplary team spirit throughout the sporting event. Their enthusiastic participation and unwavering commitment to excellence reflect the institution's strong emphasis on physical fitness, sportsmanship, and collaborative growth. The teams' outstanding performance and unity stand as a proud testament to SRFOT's vibrant and dynamic sporting culture.



SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025

SRFOTCON'2025 DAY 2 – SPARKZ 20th DECEMBER 2025



Swaram, the much-awaited duet singing competition, witnessed enthusiastic participation from students across institutions. Each performance reflected remarkable musicality, harmony, and stage presence. The event beautifully celebrated artistic expression while fostering a spirit of healthy competition and cultural exchange.

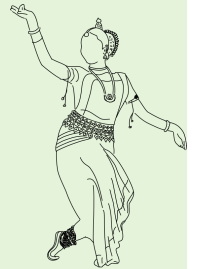
The cultural segment of SRFOTCON was a vibrant celebration of talent, creativity, and intercollegiate camaraderie. The organizing team curated an exciting lineup of major and minor events that brought together students from various colleges, creating an atmosphere filled with energy and enthusiasm.



SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025

SRFOTCON'2025 DAY 2 – SPARKZ 20th DECEMBER 2025



Dualite and Ramp On added glamour and confidence to the stage, showcasing poise, style, and self-expression. The energy soared with Rhythara's vibrant dance performances and reached a powerful peak with the high-intensity performances of Tandav. Engaging competitions like Shark Tank and Flip Point further highlighted students' innovation, quick thinking, and entrepreneurial spirit, making the cultural evening truly dynamic and memorable.

Overall, the cultural events at SRFOTCON celebrated diverse talents while fostering strong intercollegiate camaraderie, making the conference a memorable fusion of academic excellence and vibrant celebration.

SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025

Scientific Event – Prize Winners



SRFOT honours the winners of SRFOTCON'2025 Scientific Events (E-Poster, Paper Presentation, and Innovation in Occupational Therapy), celebrating excellence in research and innovation.

SRFOT honours the winners of SRFOTCON'2025 Cultural Events, celebrating excellence in creativity, performance, and artistic expression.



SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025



SPORTS EVENT PRIZE WINNERS



Ms. Varsha, II yr. BOT received her medal for winning in Track and field events.



Ms. Blessy, I yr. BOT received her medal for winning in Track and field events.



Ms. Mahathi Nachiyar, III yr. BOT received her medal for winning in Track and field events.



Mr. Gokula Krishnan II yr. MOT (Neurology) received his medal for winning in Track and field events.



Mr. Drayden Elijah Nicholas, IV yr. BOT received his medal for winning in Track and field events.



Women's Basketball team received their trophy for winning in Basketball.

SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY INTERNATIONAL CONFERENCE – 2025



CLUTURALS EVENT PRIZE WINNERS



Mr. Dillon, I yr. BOT got his prize for winning in Shark Tank



Mr. Mohamad Hasan Nufaiz, I yr. MOT (Neurology) got his prize for winning in the Photography event



Mr. Bowas, BOT Intern and Ms. Angelin, I yr. BOT got their prize for the Swaram-Duet singing event



Mr. Azar, BOT Intern and Ms. Pooja, BOT Intern beat Mr & Ms OTICON 2026

SRFOT GOLD STANDARDS

SRI RAMACHANDRA FACULTY OF OCCUPATIONAL THERAPY
INTERNATIONAL CONFERENCE – 2025

SRFOT won the Scientific and Sports Overall
Championship





ABOUT SRFOT

Sri Ramachandra Faculty of Occupational Therapy

Is a constituent faculty in Sri Ramachandra Institute of Higher Education and Research, a Deemed to be University (formerly known as Sri Ramachandra University), ranked among the top health sciences universities in India. SRIHER has been accredited (cycle - 3) by the National Assessment and Accreditation Council (NAAC) with Grade A++ and placed in Category - I Universities in India by the UGC.



Since its inception in 2017, SRFOT has been recognized as a preeminent center for developing competent Occupational Therapists. Our Graduate students were employed as dignified Occupational Therapy Practitioners by National and International Organizations. SRFOT offers four-and-a-half-year Undergraduate Program (B.O.T.), two-year Postgraduate (M.O.T.) and Ph.D. (Full/Part-Time) programs. The Sri Ramachandra Faculty of Occupational Therapy has a well-established clinical facility on campus that provides outstanding services to patients as well as hands-on training for our students. SRFOT has received an award in the category of **“Outstanding Institute in Innovative Teaching and Learning Practices”** for its teaching and learning process.

Vision:

To be a global leader in Occupational Therapy education and practice, fostering the development of highly skilled professionals and delivering compassionate, innovative care to enhance the well-being of individuals and communities in India and beyond.

Mission:

- To provide exemplary education and training for future Occupational Therapists, equipping them with the skills and knowledge to excel in diverse clinical and community settings.
- To offer top-tier Occupational Therapy services, integrating advanced research and clinical practices to meet the highest standards of patient care.
- To establish a state-of-the-art facility recognized for its excellence in Occupational Therapy, promoting continuous advancement in therapeutic practices and holistic health solutions.



PROGRAMMES OFFERED

Undergraduate Program

The Bachelor of Occupational Therapy (B.O.T) is a Five - year degree program. Students in the B.O.T program acquire knowledge and skills in health conditions, human occupations, evaluation, intervention, and research methods. They undergo intensive clinical training and fieldwork across pediatric to geriatric care, ranging from neonates to palliative care. This training is conducted at the attached Sri Ramachandra Hospital, Medical Centre, and Sri Ramachandra Rehabilitation Centre.

Postgraduate Program

Master of Occupational Therapy (M.O.T) - Two years Degree Program.

Specialization includes,

- 1.M.O.T - Paediatrics & Neonatology
- 2.M.O.T - Neurosciences
- 3.M.O.T - Mental Health
- 4.M.O.T - Hand
5. M.O.T -Musculoskeletal Sciences
6. M.O.T - Oncological Sciences

Ph.D. Program

Full-Time / Part - Time



SRFOT FACULTY FORUM



**Dr. Yashwanth S P (OT),
Assistant Professor
SRFOT, SRIHER (DU)**



**Dr. Privin Raj P (OT),
Assistant Professor
SRFOT, SRIHER (DU)**



**Dr. Mona E (OT),
Assistant Professor
SRFOT, SRIHER (DU)**



**Dr. Jaivignesh S (OT),
Assistant Professor
SRFOT, SRIHER (DU)**



**Dr. Mithra M (OT),
Assistant Professor
SRFOT, SRIHER (DU)**



**Dr. Darsana G (OT),
Assistant Professor
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**Dr. Deepika P (OT),
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SRFOT, SRIHER (DU)**



**Dr. Jenisha J (OT),
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**Dr. Akshara T S (OT),
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**Dr. Kamalesh G T R (OT),
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E- Copy of the Newsletter can be accessed at
<https://www.sriramachandra.edu.in/university/news-letters>

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Our Collaboration with



International Collaboration



Feedback your suggestions & comments to Gmail

occupationaltherapy@sriramachandra.edu.in



Our Recruiters-International



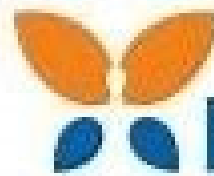
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AL FIRDOUS CENTER
For Rehabilitation People Of Determination
BULIDING BRIGHT FUTURE



Ascend

PEDIATRICS • SCHOOL
HOME-BASED • CLINIC

NHS



BMRHealth
A RAY OF HOPE

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SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai



**Embracing Innovation in
Occupational Therapy**

Newsletter from

SRI RAMACHANDRA **FACULTY OF OCCUPATIONAL THERAPY**

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“Embracing Innovation in Occupational Therapy”